



CROSS COUNTRY

ALL-TIME HONORS

(UPDATED DEC. 20, 2024)

All-League Titans

Note: All-League was top six at the HL Championships in 1987, top 10 from 1988-2001, and the top 14 broken up into first (1-7) and second (8-14) team since 2002.

Year Player

1984	Bonnie Fitzpatrick
1985	Bonnie Fitzpatrick
1986	Nancy Mandziara, Michelle Vogt, Renee DeChambeau, Louise Shaheen, Bonnie Fitzpatrick
1987	Bonnie Fitzpatrick, Nancy Mandziara, Nancy Calder
1988	Karen Kantor
1989	Deanna McVicar, Nicole Robertson
1990	Jill Rothert
1991	Athalee Norman, Jill Rothert
1993	Jeanette Schmitt
1995	Stacey Lenard, Jeanette Schmitt
1997	Angie Lefere
1998	Angie Lefere
1999	Angie Lefere
2000	Angie Lefere, Kim Hemstreet, Ruthie Cook
2001	Kim Hemstreet, Ruthie Cook
2002	Kim Hemstreet - First Team
2004	Andrea Karl - Second Team
2005	Andrea Karl - First Team
2012	Louisa Coppola - First Team
2013	Louisa Coppola - First Team
2014	Sydney Fetherolf - Second Team
2015	Samantha Zakalowski - First Team Zeinab Baydoun - Second Team
2016	Devon Sutton - First Team
2017	Sydney Fetherolf - Second Team
2018	Claire Kendell - Second Team
2020	Allison Sherman - Second Team
2021	Rebecca Measel - Second Team Allison Sherman - Second Team
2022	Allison Sherman - First Team
2023	Allison Sherman - First Team



Allison Sherman is one of three Titans to earn four All-Horizon League honors



Jeanette Schmitt earned All-Conference honors in 1993 and 1995



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Horizon League Champion

2002	Kim Hemstreet
1997	Angie Lefere
1987	Bonnie Fitzpatrick

Horizon League Runner-Up

2022	Allison Sherman
1987	Nancy Mandziara
1986	Nancy Mandziara

Horizon League Coach of the Year

1987	Kevin Donner
1986	Kevin Donner

Horizon League Athlete of the Year

2002	Kim Hemstreet
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Horizon League Newcomer of the Year

1997	Angie Lefere
1995	Stacey Lenard

Horizon League Freshman of the Year

2014	Sydnie Fetherolf
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USTFCCA Team Academic

2024, 2023, 2022, 2021, 2020, 2018, 2016, 2014, 2013, 2012, 2011, 2010, 2009, 2008, 2005, 2004, 2003, 2001, 2000, 1999, 1998, 1996, 1995

USTFCCA All-Academic

2002	Kim Hemstreet
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CoSIDA Academic All-District Selections

2023-24	Allison Sherman
2022-23	Allison Sherman
2022-23	Kaitlin Murray
2022-23	Josie Arnold
2004-05	Ashley Gibbs



Nancy Mandziara was runner-up at the conference championships in 1986 and 1987



Kaitlin Murray was a CoSIDA All-Academic District selection as a senior



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Horizon League All-Academic

Jennifer DeFauw - 2008
Ashley Gibbs - 2005
Louisa Coppola - 2013
Kim Hemstreet - 2001, 2002
Kayla Hughes - 2017, 2018, 2020
Claire Kendell - 2018
Katrina Oberski - 2011, 2012
Jenny Ponkowski - 2016
Allison Sherman - 2020, 2021, 2022, 2023

USTFCCA All-Academic

Kim Hemstreet - 2002

CoSIDA Academic All-District

Allison Sherman - 2023, 2024
Josie Arnold - 2023
Kaitlin Murray - 2023
Ashley Gibbs - 2006

President's Award

Allison Sherman - 2024
Rebecca Arnold (Measel) - 2022
Sydney Fetherolf - 2018
Kim Hemstreet - 2003
Ruthie Cook - 2002
Michelle Vogt - 1988
Lisa Bagdady - 1987

Titan Club Award

Nina Pizzo - 2024
Allison Sherman - 2023
Rebecca Arnold (Measel) - 2021
Louisa Coppola - 2014

Dad Butler Award

Katie Anderla - 2023
Haley Morairty - 2014

Newcomer Of The Year

Sydney Fetherolf - 2016



Kayla Hughes was a three-time member of the Horizon League All-Academic Team



Michelle Vogt was the Titans' President Award winner in 1988